

Dental sleep medicine: Present and future practice

Date Monday 12 November 2018

Venue Royal Society of Medicine
1 Wimpole Street
LONDON
W1G 0AE 

Organised by [RSM Odontology Section](#)
[British Society of Dental Sleep Medicine](#)

In association with [RSM Sleep Medicine Section](#)

Accreditation CPD - Applied for



Prices

RSM members: £30 - £72

Non-members: £50 - £120

BSDSM early bird rates: £30 - £72

Agenda

8.30 am Registration, tea and coffee

8.55 am Welcome and introduction

Professor Adrian Williams, Professor of Sleep Medicine, King's College London

SESSION ONE

Chair: Dr Huw Selsick, Consultant in Sleep Medicine and Psychiatry, Insomnia Clinic, The Royal London Hospital for Integrated Medicine

9.00 am **The impact of sleep disorders – why sleep medicine is important**

Professor Adrian Williams

9.30 am **Sleep disorders from a neurological aspect**

Dr Guy Leschziner Consultant Neurologist and Reader in Neurology, London Bridge Hospital

10.00 am **Respiratory elements of sleep disorders**

Dr Brian Kent, Consultant Sleep and Respiratory Physician, Guy's and St Thomas' NHS Foundation Trust

10.30 am **Panel discussion**

10.45 am **Tea and coffee break**

11.15 am **Emerging alternative therapy for obstructive sleep apnoea (OSA)**

Dr Joerg Steier, Consultant Physician and Reader in Respiratory and Sleep Medicine, Guy's and St Thomas' NHS Foundation Trust

11.45 am **Pediatric sleep disorders**

Dr Michael Farquhar, Consultant in Children's Sleep Medicine, Evelina London Children's Hospital, Guy's and St Thomas' NHS Foundation Trust

12.15 pm **ENT surgical aspects of OAS and need for collaboration between ENT and dental prior to treating with oral appliances**

Professor Bhik Kotecha, Consultant Ear, Nose and Throat (ENT) Surgeon, Royal National Throat, Nose and Ear Hospital

12.45 pm Panel discussion

1.45 pm Lunch

SESSION TWO

Dr Rupert Austin, President, Odontology Section, Royal Society of Medicine

1.45 pm **Progress in OAT and creation of multidisciplinary team (MDT) for better patient outcomes**

Professor Ama Johal, Professor and Honorary Consultant Orthodontist Centre Lead
Bioengineering Academic Lead Orthodontics, Barts and the London School of Medicine and
Dentistry

2.15 pm **Keynote lecture: Temporomandibular joint dysfunction (TMD), craniofacial pain (CFP) and sleep
bruxism (SB)**

Dr Mayoor Patel, Snoring, Sleep Apnea and Oral Appliance Dentist, Atlanta, Georgia, USA

3.15 pm Panel discussion

3.30 pm Tea and coffee break

3.50 pm **Insomnia and sleep-disordered breathing (SBD) - is there a link?**

Dr Huw Selsick

4.10 pm **Emergence of digital technology for sleep medicine**

Dr Rupert Austin

4.30 pm Panel discussion

4.45 pm **Masterclass: Temporomandibular joint (TMJ) and sleep interface**

Dr Mayoor Patel

5.15 pm Close of meeting