



## Practical Polysomnography Courses 2020

1<sup>st</sup> - 2<sup>nd</sup> May 2020  
4<sup>th</sup> - 5<sup>th</sup> September 2020  
6<sup>th</sup> - 7<sup>th</sup> November 2020

**Venue:** Edinburgh Training and Conference Venue  
16 St. Mary's Street, Edinburgh, EH1 1SU

**Aimed at:** Anyone wishing to gain or improve skills in setting up, scoring and interpreting full polysomnographic sleep studies. This includes physicians, nurses, allied health professionals, students, researchers or anyone with a professional interest in sleep medicine.

**Content:**

This 2-day course will focus on the understanding and evaluation of polysomnographic recordings. The course will include some lectures but will focus mainly on the practical hands-on aspects of polysomnography. Teaching will be based on standard adult scoring rules, although special considerations in paediatric sleep studies will be highlighted.

**Course objectives:**

1. To facilitate the understanding of polysomnography, including: wiring up, troubleshooting signals, scoring studies and report interpretation.
2. To develop and improve practical skills in the above.

Further Information and Registration details please contact:

Mrs Lisa Wood

**Tel:** +44 (0)7555 796272

**Email:** [lisa@sleepconsultancyLtd.co.uk](mailto:lisa@sleepconsultancyLtd.co.uk)