

BSS Two-Day PSG Course

Day 1: Introduction to PSG

Course Content
Welcome & introduction
AASM montage - practical
Filters
Biocalibrations
Artefact recognition practical
Top tips for a perfect PSG
Recognising sleep stages
Summary & Q+A

Course 2: Scoring and interpreting PSG

Course Content
Welcome & recap
Scoring EEG arousals
Scoring breathing events
Scoring periodic limb movements
Recognising parasomnias
MSLT/MWT
How to set up and run an MSLT/MWT and provide a technical report
Scoring sleep stages - practical
Writing PSG reports
Clinical case studies
Summary & Q+A