



REM Sleep Behaviour Disorder (RBD) Symposium

5 December 2025

Governors Hall, St Thomas' Hospital, London, SE1 7EH

Unlock the complexities of REM Sleep Behaviour Disorder (RBD). This one-day symposium brings together international experts, leading researchers, and patient voices to provide a deep dive into the diagnosis, management, and future outlook of RBD.

Why Attend?

- Explore clinical and technical challenges in diagnosing RBD
- Learn how RBD informs long-term neurological prognosis
- Hear the latest research on RBD and its connection to neurodegenerative diseases
- Engage in multidisciplinary discussions and networking opportunities

Who Should Attend?

Healthcare professionals working with sleep-related conditions, including:

Neurologists • Sleep Medicine Consultants • GPs • Clinical Psychologists • Sleep Technologists • Specialist Registrars • Nurses • Clinical Pharmacists

Don't miss this opportunity to enhance your understanding of RBD and its vital implications in clinical practice.

Book here

