

BSS TWO DAY PSG COURSE

Day 1 – Wednesday 25th March 2026		
From	To	Talk Title
08:45	09:15	Registration
09:15	09:30	Introduction to PSG
09:30	11:00	AASM montage - Practical Wiring Up
11:00	11:15	Filters & Bio-Calibration Live Demo
11:15	11:30	Morning Coffee/ Tea Break
11:30	12:15	Artefact Recognition Practical (Basics of recognising and rectifying artefacts)
12:15	13:15	Recognising Sleep Stages
13:15	14:00	Lunch
14:00	14:30	Scoring Arousals
14:30	15:00	Scoring Respiratory Events
15:00	15:15	Scoring Periodic Limb Movements
15:15	15:30	Scoring Cardiac Events
15:30	15:45	Afternoon Coffee/ Tea Break
15:45	16:45	Scoring Practical
16:45	17:00	Summary & Q+A
17:00		Close
		Evening informal Social Event

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Day 2 – Thursday 26th March 2026		
From	To	Talk Title
09:00	09:15	Registration
09:15	09:30	Welcome, Introduction and Recap
09:30	11:00	Interactive Sleep Scoring Session
11:00	11:15	Morning Coffee/ Tea Break
11:15	11:45	MSLT
11:45	12:15	Writing PSG Reports
12:15	13:00	Paediatrics
13:00	13:45	Lunch
13:45	14:15	Recognising Parasomnias
14:15	15:15	Clinical Case Studies – Follow-up Treatments - Respiratory disorders - Periodic Limb movement - Other NREM disorders
15:15	16:15	Interactive Sleep Scoring Session/ Marking
16:15	16:30	Summary & Q+A
16:30		Close